

**ASSOCIATE IN SCIENCE
NUTRITION
Course Selection Guide
Updated Summer 2023**

Degrees

- NC Central: [BS in Nutrition and Dietetics](#)
- NC State: [BS in Nutrition Science](#)
- UNC Chapel Hill: [BS in Public Health, Nutrition Concentration](#)
- UNC Greensboro: [BS in Nutrition, Human Nutrition and Dietetics Concentration](#)

Jobs Associated with These Degrees

Dietary consultant, private dietary coach, weight loss counselor, nutrition educator, pharmaceutical representative, public health nutritionist, and, with graduate study, physician or other health professional. Becoming a registered dietician requires a supervised internship and passing a standardized exam.

**General Education – 45 SHC (“Semester Hours of Credit”)
Universal General Education Transfer Component (UGETC) Courses (34 SHC)**

English Composition (6 SHC)

Durham Tech / UGETC Requirement	NCCU	NCSU	UNC-CH	UNCG
ENG 111 Writing & Inquiry	ENG 111	ENG 111	ENG 111	ENG 111
ENG 112 Writing/Research in the Disciplines	ENG 112	ENG 112	ENG 112	ENG 112

Humanities/Fine Arts (H/FA) (6 SHC)—Select two courses from separate disciplines

Durham Tech / UGETC Requirement	NCCU	NCSU	UNC-CH	UNCG
One course selected from ART 111, ART 114, ART 115, COM 120, COM 231, DRA 111, MUS 110, MUS 112	COM 231	COM 231	Any	COM 231
One course selected from ENG 231, ENG 232, ENG 241, ENG 242, PHI 215, PHI 240	Any	PHI 215	Any	Any

Social and Behavioral Sciences (S/BS) (6 SHC)—Select two courses from separate disciplines

Durham Tech / UGETC Requirement	NCCU	NCSU	UNC-CH	UNCG
One course selected from HIS 111, HIS 112, HIS 131, or HIS 132	HIS 112	HIS 132	Any	Any
One course selected from ECO 251, ECO 252, POL 120, PSY 150, or SOC 210	PSY 150 or SOC 210	PSY 150	Any	PSY 150

Mathematics (8 SHC)—Two courses selected from MAT 171, 172, 263, 271, 272

Durham Tech / UGETC Requirement	NCCU	NCSU	UNC-CH	UNCG
First Course	MAT 171	MAT 171	MAT 171	MAT 171
Second Course	MAT 172	MAT 263	MAT 172	MAT 172*

*Required for completion of the AS.

Natural Science (8 SHC)—Two courses selected from BIO 111 and 112; CHM 151 and 152; PHY 151 and 152 or PHY 251 and PHY 252

Durham Tech / UGETC Requirement	NCCU	NCSU	UNC-CH	UNCG
First Course	CHM 151	CHM 151	CHM 151	CHM 151
Second Course	CHM 152	CHM 152	CHM 152	CHM 152

Additional General Education Transfer Hours (11 SHC)

Foreign Language (3 SHC)

Durham Tech Gen Ed Requirement	NCCU	NCSU	UNC-CH	UNCG
Foreign Language (3 SHC): Choose from American Sign Language, Arabic, French, German, or Spanish.	FL 112	FL 112 required by Durham Tech	FL 211	FL 112 required by Durham Tech

*NCSU does not require FL for this major if two years of FL were successfully completed in high school.

Additional Mathematics/Science Courses (8 SHC)

Durham Tech Gen Ed Requirement	NCCU	NCSU	UNC-CH	UNCG
First Course	BIO 111	BIO 111	BIO 111	BIO 111
Second Course	MAT 152	BIO 112	MAT 271	MAT 152

Other Required Hours (15 SHC)

Students should consult with their advisor. The listings here vary, based on the requirements of the selected university and the student's intended major.

College Transfer Success Course (1 SHC)

Durham Tech Requirement	NCCU	NCSU	UNC-CH	UNCG
ACA 122 (This course should be taken in the student's first semester.)	ACA 122	ACA 122	ACA 122	ACA 122

Foreign Language (4-8 SHC)

Durham Tech Requirement	NCCU	NCSU	UNC-CH	UNCG
FL 111/181, 112/182– (4-8 SHC): If student has not met the prerequisite for the 211-level of Arabic, French, German, or Spanish. (Prerequisite for FL 111 is DRE 098.)	As Needed	As Needed	As Needed	As Needed

Additional Major Course(s)

Durham Tech Requirement	NCCU	NCSU	UNC-CH	UNCG
Additional college level course(s) to complete the 15 SHC requirement.	BIO 168 BIO 169 CHM 251 HEA 110 PED 110	BIO 155 BIO 275 HUM 110 MAT 152 UGETC SS	BIO 155 BIO 168 BIO 169 CHM 251	BIO 155 BIO 168 BIO 169 BIO 275