

PED 128
GOLF-BEGINNING

COURSE DESCRIPTION:

Prerequisites: None

Corequisites: None

This course emphasizes the fundamentals of golf. Topics include the proper grips, stance, alignment, and swings for the short and long game, putting, and the rules and etiquette of golf. Upon completion, students should be able to perform the basic golf shots and demonstrate a knowledge of the rules and the etiquette of golf. *This course is approved to satisfy the Comprehensive Articulation Agreement for transferability as a pre-major and/or elective course requirement.* Course Hours Per Week: Lab, 2. Semester Hours Credit, 1.

SPECIAL FEES: Students may be required to pay additional fees for field trips to local driving range.

LEARNING OUTCOMES:

Upon completion of this course, the student will be able to:

- a. Briefly describe the history of golf from its early beginnings to current developments.
- b. Demonstrate basic skills of golf.
 - 1) Setup, proper stance and grip
 - 2) Full swing motion
 - 3) Applying full swing to irons and woods
 - 4) Pitching
 - 5) Chipping
 - 6) Putting
 - 7) Sand shots
- c. Discuss basic game rules.
- d. Demonstrate course etiquette.
- e. Identify playing area of a golf course.
- f. Discuss appropriate golf equipment.
- g. Evaluate and correct common errors in basic golf skills.
- h. Define commonly used golf terms and phrases.

OUTLINE OF INSTRUCTION:

- I. Introduction to golf history
 - 1) Early beginnings
 - 2) Subsequent developments
 - 3) Equipment and rules
- II. Introduction to basic skills
- III. Setup
- IV. Full swing motion
 - 1) Application of full swing motion to woods
 - a. Tee-off
 - b. Fairway
 - 2) Application of full swing motion to irons
- V. Pitching and practice
- VI. Chipping and practice
- VII. Putting and practice
- VIII. Sand shots and practice
- IX. Uneven lies and specialty shots
 - 1) Practice in varied terrain
 - 2) Integration of skills

REQUIRED TEXTBOOK AND MATERIALS:

Golf balls

STATEMENT FOR STUDENTS WITH DISABILITIES:

Students who require academic accommodations due to any physical, psychological, or learning disability are encouraged to request assistance from a disability services counselor within the first two weeks of class. Likewise, students who potentially require emergency medical attention due to any chronic health condition are encouraged to disclose this information to a disability services counselor within the first two weeks of class. Counselors can be contacted by calling 686-3652 or by visiting the Student Development Office in the Phail Wynn Jr. Student Services Center, room 1309.