

# Basic Italian Cooking

with Winston Rojas - [chefwinstonrojas@yahoo.com](mailto:chefwinstonrojas@yahoo.com)  
Durham Technical Community College

Classes are held at Family Life Enrichment Center  
2722 East Main Street – Durham, NC  
Instructor will provide ingredient list on first day of class.

**Note: This menu is subject to change.**

## *Week 1 - Antipasti*

Bruschetta with tomato, basil, and provolone  
Parmesan crisps with olive tapenade  
Italian wedding soup (simple soup with meatballs, pasta, and spinach)

## *Week 2 - Prima Piatti*

Penne with sausage and peppers  
Capellini pomodoro (Angel hair pasta with tomatoes)  
Spinach and three cheese lasagna

## *Week 3 - Secondi Piatti*

Roast chicken with lemon and herbs  
Chicken Parmesan

## *Week 4 - Verdure*

Tomato, artichoke, and mushroom salad with balsamic-basil vinaigrette  
Green beans with tomato and garlic  
Broccoli in insalata (broccoli-carrot salad)

## *Week 5 - Dolci*

Lemon sorbet with raspberry sauce  
Balsamic strawberries  
Baci (Chocolate-filled kisses)  
Pizelle (Italian waffle cookies)

## *Week 6 - Specialità della Regione*

Linguine alla vongole (Linguine with white clam sauce - Amalfi)  
Risotto (Arborio rice dish - Milan)