

**CJC 225**  
**CRISIS INTERVENTION**

**COURSE DESCRIPTION:**

Prerequisites: None

Corequisites: ENG 090 and RED 090, or satisfactory score on placement test

This course introduces critical incident intervention and management techniques as they apply to operational criminal justice practitioners. Emphasis is on the victim/offender situation as well as on job-related high stress and dangerous or problem-solving citizen contacts. Upon completion, students should be able to provide insightful analysis of emotional, violent, drug-induced, and other critical and/or stressful incidents that require field analysis and/or resolution. Course Hours Per Week: Class, 3. Semester Hours Credit, 3.

**COURSE OBJECTIVES:**

Upon completion of this course, the student will be able to:

- a. Define a crisis.
- b. Describe the characteristics of a crisis.
- c. Analyze and explain transcrisis states.
- d. Demonstrate an understanding of multicultural perspectives in crisis intervention.
- e. Identify theories of crisis and crisis intervention including the various models.
- f. Collect and evaluate information
- g. Communicate information concisely and accurately, both verbally and in writing
- h. Listen attentively
- i. Identify needs of citizens
- j. Recognize psychological effects of various substances on mind
- k. Identify behaviors related to substance abuse
- l. Identify alcohol and substance abuse agencies and resources
- m. Work within the cultural and social dimensions of the community
- n. Identify human service agencies in the community

**OUTLINE OF INSTRUCTION:**

- I. Basic crisis intervention skills
  - A. The six-step model of crisis intervention
  - B. Assessing client mental status and functioning
  - C. Assessing in crisis intervention
  - D. Listening in crisis intervention
  - E. Acting in crisis intervention

- II. Handling specific crises: Going into the trenches
  - A. Posttraumatic stress disorder
  - B. Dynamics of PTSD
  - C. Intervention strategies
  
- III. Suicide
  - A. Background
  - B. Dynamics of suicide
  - C. Counseling suicidal clients
  - D. Intervention strategies
  - E. Prevention
  - F. When prevention fails
  - G. Summary
  - H. Classroom exercises
  - I. References
  
- IV. Sexual Assault
  - A. Background
  - B. Dynamics of suicide
  - C. Counseling suicidal clients
  - D. Intervention strategies
  - E. Prevention
  - F. When prevention fails
  - G. Summary
  - H. Classroom exercises
  - I. References
  
- V. Woman battering
  - A. Background
  - B. Dynamics of woman battering
  - C. Intervention strategies
  - D. Center and shelter
  - E. Courtship violence
  - F. Treating batterers
  - G. If you are in an abusive relationship
  
- VI. Chemical dependency: The crisis of addiction
  - A. Dynamics of addiction
  - B. Intervention strategies
  
- VII. Personal loss: Bereavement and grief
  - A. Dynamics of bereavement
  - B. AIDS: A modern dilemma
  - C. Some representative referral services
  
- VIII. Hostage crises

- A. Dynamics of hostage taking
  - B. If you are put in the role of negotiator
  - C. If you are held hostage
  - D. Intervention after release
- IX. Human services workers in crisis: Burnout
- A. Dynamics of burnout
  - B. Critical incidents stress defusing and debriefing
- X. Off the couch and into the streets
- A. The evolution of the crisis intervention subspecialty
  - B. Proactive and preventive models of crisis intervention
  - C. Emergent trends in crisis intervention
  - D. Community development of proactive-preventive crisis intervention services

**REQUIRED TEXTBOOK AND MATERIALS:**

To Be Announced

**STATEMENT FOR STUDENTS WITH DISABILITIES:**

Students who require academic accommodations due to any physical, psychological, or learning disability are encouraged to request assistance from a disability services counselor within the first two weeks of class. Likewise, students who potentially require emergency medical attention due to any chronic health condition are encouraged to disclose this information to a disability services counselor within the first two weeks of class. Counselors can be contacted by calling 686-3652 or by visiting the Student Development Office in the Phail Wynn Jr. Student Services Center, room 1309.