

PED 145
BASKETBALL-BEGINNING

COURSE DESCRIPTION:

Prerequisites: None

Corequisites: None

This course covers the fundamentals of basketball. Emphasis is on skill development, knowledge of the rules, and basic game strategy. Upon completion, students should be able to participate in recreational basketball. *This course is approved to satisfy the Comprehensive Articulation Agreement for transferability as a pre-major and/or elective course requirement.*
Course Hours Per Week: Lab, 2. Semester Hours Credit, 1.

LEARNING OUTCOMES:

Students will be able to:

- a. Dribble, pass and shoot the basketball.
- b. Demonstrate an understanding of rules of the game (i.e. court layout, scoring, fouls, etc.).
- c. Describe the basic strategy of controlled and fast break offense, and zone and man-to-man defense.

OUTLINE OF INSTRUCTION:

- I. Introduction
 - A. Class objectives
 - B. Class procedures
 - C. Method of evaluation
 - D. Preparing for activity
 - 1) Warm up
 - 2) Conditioning
- II. Basic skill development
 - A. Presentation of skills
 - B. Practice drills

- III. Continuation of skill development
 - A. Controlled game drills
 - B. Scrimmage

REQUIRED TEXTBOOK AND MATERIALS:

Tennis shoes
Shorts or sweat clothes

STATEMENT FOR STUDENTS WITH DISABILITIES:

Students who require academic accommodations due to any physical, psychological, or learning disability are encouraged to request assistance from a disability services counselor within the first two weeks of class. Likewise, students who potentially require emergency medical attention due to any chronic health condition are encouraged to disclose this information to a disability services counselor within the first two weeks of class. Counselors can be contacted by calling 686-3652 or by visiting the Student Development Office in the Phail Wynn Jr. Student Services Center, room 1309.