

**PED 148
SOFTBALL**

COURSE DESCRIPTION:

Prerequisites: None

Corequisites: None

This course introduces the fundamental skills and rules of softball. Emphasis is on proper techniques and strategies for playing softball. Upon completion, students should be able to participate in recreational softball. *This course is approved to satisfy the Comprehensive Articulation Agreement for transferability as a pre-major and/or elective course requirement.*
Course Hours Per Week: Lab, 2. Semester Hours Credit, 1.

LEARNING OUTCOMES:

Students will be able to:

- a. Throw, catch, field and bat.
- b. Demonstrate an understanding of rules of the game (i.e. field layout, player positions, scoring, etc.)
- c. Describe the basic strategy of offensive and defensive play.

OUTLINE OF INSTRUCTION:

- I. Introduction
 - A. Class objectives
 - B. Class procedures
 - C. Method of evaluation
 - D. Preparing for activity
 - 1) Warm up
 - 2) Conditioning
- II. Basic skill development
 - A. Presentation of skills
 - B. Practice drills

III. Continuation of skills development

- A. Controlled game drills
- B. Scrimmage

REQUIRED TEXTBOOK AND MATERIALS:

Textbook: None

Softball glove
Proper safety equipment
Sweat clothes

STATEMENT FOR STUDENTS WITH DISABILITIES:

Students who require academic accommodations due to any physical, psychological, or learning disability are encouraged to request assistance from a disability services counselor within the first two weeks of class. Likewise, students who potentially require emergency medical attention due to any chronic health condition are encouraged to disclose this information to a disability services counselor within the first two weeks of class. Counselors can be contacted by calling 686-3652 or by visiting the Student Development Office in the Phail Wynn Jr. Student Services Center, room 1309.