OTA 250 Adult Concepts and Interventions

COURSE DESCRIPTION:

Prerequisite: OTA 130
Corequisites: PSY 241, OTA 164, OTA 170, and OTA 180

This course provides knowledge and skills needed for working with adults through the lifespan. Emphasis is placed on identification and discussion of common changes associated with aging, disabilities and chronic diseases affecting this population, assessments and intervention, including developing healthy habits and routines, and the impact on participation in occupation in various settings. Upon completion, students should be able to plan, implement, and modify appropriate interventions with adults in their context and environment to promote engagement in occupations.

Course Hours per Week: Class, 2; Lab, 3; Clinical, 0. Semester Hours Credit: 3.

LEARNING OUTCOMES:

Upon completing requirements for this course, the student will be able to:

1. Understand and compare biological, social, and psychological theories of the aging process.
2. Understand common conditions and diseases that occur in the older population.
3. Understand physiological and psychological changes that occur during the aging process that may impact occupational performance.
4. Understand the impact of changing occupational roles as people age.
5. Use appropriate terminology and abbreviations related to OT practice with older adults.
6. Understand infection control standards and procedures with respect to the aging client.
7. Demonstrate knowledge of OTA and activity coordinator roles in geriatric settings.
8. Express ideas clearly in oral presentations and written reports.
9. Gather appropriate information to enable therapeutic reasoning in client situations.
10. Identify assessment priorities for common conditions related to aging.
11. Understand client safety with regard to precautions, interventions, equipment and environments.
12. Collaborate with a supervisor to develop appropriate interventions for adults across the lifespan.
13. Select and apply an OT frame of reference to a client scenario.
14. Use appropriate intervention strategies & techniques for various client conditions and situations.
15. Effectively communicate with an older adult to collect information for a comprehensive occupational profile.
16. Develop client centered recommendations based on the occupational profile to promote engagement in occupations.
17. Understand the ethical and legal considerations related to aging and end of life.
18. Understand the continuum of care as it relates to OT practice with the aging adult.
19. Understand the importance of developing and maintaining healthy habits and routines across the lifespan.
20. Identify medical and community resources for continuity of care.
REQUIRED TEXTBOOK AND MATERIAL:

The textbook and other instructional material will be determined by the instructor.