PSY 150
GENERAL PSYCHOLOGY

COURSE DESCRIPTION:

Prerequisites: ENG 090 and RED 090, or DRE 098; or satisfactory score on placement test
Corequisites: None

This course provides an overview of the scientific study of human behavior. Topics include
history, methodology, biopsychology, sensation, perception, learning, motivation, cognition,
abnormal behavior, personality theory, social psychology, and other relevant topics. Upon
completion, students should be able to demonstrate a basic knowledge of the science of
psychology. This course has been approved to satisfy the Comprehensive Articulation Agreement
general education core requirement in social behavioral science. Course Hours Per Week: Class,
3. Semester Hours Credit, 3.

LEARNING OUTCOMES:

Upon successful completion of the course, students will be able to:

a. Relate a basic understanding of the history of psychology, and its growth as a science.

b. Demonstrate an understanding of the scientific method, and the various research
   methodologies used in psychology.

c. Relate an understanding of psychology through its major approaches including: biological,
   behavioral, psychodynamic, humanistic, cognitive, evolutionary, and sociocultural; and a
   consideration for cultural diversity and how it applies in everyday life.

d. Demonstrate an awareness of health and wellness connections, psychological disorders and
   the various therapies available to affect our lives.

CORE CONCEPTS EXAMINED:

A. History of psychology
B. Goals of psychology
C. Critical thinking in science
D. Methods of data collection
E. Interpretation of correlation
F. Elements of Experimentation
G. Critical thinking in science
H. Biological influences on behavior and mental processes
I. States of consciousness
J. Elements of learning and motivation, and the relationship of learning to motivation
K. Cognitive processing
L. Emotional states and stress
M. Human development
N. Theories and measurement of Personality
O. Diagnosis, explanation and treatment of mental disorders
P. Theories and processes in social psychology

REQUIRED TEXTBOOK AND MATERIAL:

To be selected by instructor.

STATEMENT FOR STUDENTS WITH DISABILITIES:

Students who require academic accommodations due to any physical, psychological, or learning disability are encouraged to request assistance from a disability services counselor within the first two weeks of class. Likewise, students who potentially require emergency medical attention due to any chronic health condition are encouraged to disclose this information to a disability services counselor within the first two weeks of class. Counselors can be contacted by calling 919-536-7207, ext. 1413 or by visiting the Student Development Office in the Phail Wynn Jr. Student Services Center, room 1209.