

OTA 110 Fundamentals of Occupational Therapy

COURSE DESCRIPTION:

Prerequisites: Enrollment in the Occupational Therapy Assistant program

Corequisites: BIO 168, ACA 122

This course introduces occupational therapy (OT) theory, practice, philosophy, and principles. Emphasis is placed on providing a basic understanding of the profession as well as beginning to develop interaction and observation skills. Upon completion, students should be able to demonstrate basic understanding of the domain and practice of occupational therapy, practice settings and professional roles, OT terminology, activity analysis, principles, process, philosophies, and frames of reference.

Course Hours per Week: Class, 2; Lab, 3; Clinical, 0. Semester Hours Credit: 3.

LEARNING OUTCOMES:

Upon completing requirements for this course, the student will be able to:

1. Understand occupational therapy history, principles, and terminology.
2. Explain theories, models of practice, and frames of reference that guide the occupational therapy process.
3. Demonstrate ability to analyze a task using the structure provided in the OT Practice Framework
4. Apply the principles of teaching and learning to lead a group activity.
5. Demonstrate awareness of interprofessional team dynamics.
6. Demonstrate knowledge of national and state regulations governing OT practice.
7. Demonstrate understanding of professional literature, including the quality of the source of information, to make evidence-based practice decisions.
8. Demonstrate knowledge of the American Occupational Therapy Association (AOTA) Occupational Therapy Code of Ethics and AOTA Standards of Practice
9. Demonstrate basic skills in therapeutic communication.
10. Practice establishing therapeutic relationships and rapport with others.

OUTLINE OF INSTRUCTION:

- I. **This course meets the following ACOTE standards:** B.2.1., B.2.2., B.3.1., B.3.6., B.4.21., B.4.25., B.5.4., B.5.5., B.6.1., B.6.6., B.7.1., B.7.5.

REQUIRED TEXTBOOK AND MATERIAL:

The textbook and other instructional material will be determined by the instructor.