

PSY 259 Human Sexuality

COURSE DESCRIPTION:

Prerequisites: PSY 150; or satisfactory score on placement test

Corequisites: None

This course provides the biological, psychological, and sociocultural aspects of human sexuality and related research. Topics include reproductive biology, sexual and psychosexual development, sexual orientation, contraception, sexually transmitted diseases, sexual disorders, theories of sexuality, and related issues. Upon completion, students should be able to demonstrate an overall knowledge and understanding of human sexuality. *This course has been approved to satisfy the Comprehensive Articulation Agreement for transferability as a premajor and/or elective course requirement.*

Course Hours per Week: Class, 3. Semester Hours Credit, 3.

LEARNING OUTCOMES:

Upon completing requirements for this course, the student will be able to:

1. Discuss and interpret a definition of human sexuality.
2. Provide a historical overview of research in human sexuality and theories of sexuality.
3. Understand and explain research methodologies used for investigating human sexuality.
4. Describe and understand biological components of human sexuality.
5. Demonstrate knowledge of changes in sexuality across the lifespan.
6. Understand and explain gender and sexual orientation.
7. Gain an awareness of current issues in human sexuality focusing on social and legal perspectives.
8. Identify and discuss sexual dysfunctions and treatments.

OUTLINE OF INSTRUCTION:

- I. Foundations
 - A. Historical Perspectives on Human Sexuality
 - B. Research on Human Sexuality
- II. Biology and Sexual Dysfunctions
 - A. Male Anatomy and Physiology
 - B. Female Anatomy and Physiology
 - C. Challenges to Sexual Functioning
- III. Gender and Sexual Orientation
 - A. Gender
 - B. Sexual Orientation
- IV. Sexuality across the Life Span
 - A. Childhood
 - B. Adolescence
 - C. Adulthood
- V. Expressions of Sexuality
 - A. Solitary and Partnered Sexual Behaviors
 - B. Atypical Sexual Behaviors
- VI. Communication and Intimacy
 - A. Communication
 - B. Love and Intimacy
- VII. Social and Legal Issues

- A. Abortion
- B. Sexual Violence
- C. Sexual Harassment
- D. Pornography
- E. The Sex Industry
- F. Sex Trafficking

REQUIRED TEXTBOOK AND MATERIAL:

The textbook and other instructional material will be determined by the instructor.