

DURHAM TECHNICAL COMMUNITY COLLEGE PLAN OF STUDY

New Fall 2026
5 Semesters

SOCIAL AND HUMAN SERVICES
Associate Degree (A45380)

Catalog/Academic Year 2026-2027

Key to symbols after some courses:

* Developmental courses may be required based on college placement and course requisites.

^{GE} Fulfills the general education requirements for this degree.

FIRST FALL SEMESTER

Term A	Term B	16 Weeks	Course	Hours Class	Hours Lab	Hours Work	Hours Credit	Program Remarks
X	X		ACA 122 Transfer and Career Success	0	2	0	1	Online
X	X		ENG 111 Writing and Inquiry* ^{GE}	3	0	0	3	Online
X			HSE 110 Intro to Human Services	2	2	0	3	Online
X			HSE 135 Orientation Lab 1	0	2	0	1	Online
	X		SWK 110 Intro to Social Work	3	0	0	3	Online

FIRST SPRING SEMESTER

Term A	Term B	16 Weeks	Course	Hours Class	Hours Lab	Hours Work	Hours Credit	Program Remarks
X	X		ENG 112 Writing/Research in the Disciplines ^{GE}	3	0	0	3	
X			HSE 210 Diversity Ethics and Trends	3	0	0	3	Online
X	X		MAT 143 Quantitative Literacy* ^{GE}	2	2	0	3	
X			MHA 140 Intro to Mental Health	3	0	0	3	Online
	X		SAB 110 Intro to Addiction & Recovery	3	0	0	3	Online

SUMMER TERM

8 Weeks	Course	Hours Class	Hours Lab	Hours Work	Hours Credit	Program Remarks
X	HSE 123 Interview Techniques for Human Services	2	2	0	3	Hybrid
X	PHI 240 Introductions to Ethics ^{GE}	3	0	0	3	
X	PSY 150 Intro to Psychology* ^{GE}	3	0	0	3	

SECOND FALL SEMESTER

Term A	Term B	16 Weeks	Course	Hours Class	Hours Lab	Hours Work	Hours Credit	Program Remarks
X	X		HEA 110 Personal Health/Wellness	3	0	0	3	
X			HSE 220 Case Management	2	2	0	3	Hybrid
	X		HSE 223 Counseling Theories and Skills	3	0	0	3	Hybrid
X			HSE 250 Financial Services	2	0	0	2	
X			SWK 115 Community Resources	2	2	0	3	Online

SECOND SPRING SEMESTER

Term A	Term B	16 Weeks	Course	Hours Class	Hours Lab	Hours Work	Hours Credit	Program Remarks
	X		HSE 212 Group Dynamics	3	0	0	3	Hybrid
X			HSE 225 Crisis and Intervention Principles	3	0	0	3	Hybrid
X	X		POL 120 American Government	3	0	0	3	
X	X		SOC 210 Intro to Sociology	3	0	0	3	
X	X		SOC 220 Social Problems	3	0	0	3	

MINIMUM SEMESTER HOURS REQUIRED FOR AAS DEGREE 64

Note: Students with professional credentials may be awarded academic credit for required courses. For further information, consult the Program Director or an advisor.

For additional information about requirements and graduation, please refer to the [Curriculum Program Completion and Graduation](#) policy. Program-specific criteria may be found on the respective [Programs](#) page. For questions about this program, consult the Program Director or an advisor for assistance.